

What To Bring To Sunrise Centre

What to Bring List:

- A form of legal identification such as a driver's license, State ID, birth certificate, voter registration, military ID, tribal ID, prison ID.
- Proof of income; Bank statements, W-2's, social security or retirement benefits
- Seven days of clothing appropriate for the season, shoes for exercise, shoes for walking, and appropriate sleepwear.
- All necessary personal hygiene items (toothbrush, toothpaste, shampoo, deodorant, feminine hygiene products, etc). Mouthwash needs to be alcohol free.
- Stamps, paper, and envelopes to write letters.
- Personal money. Soda pop vending machines onsite.
- Prescription medication. You are responsible for your own medication. Bring an adequate supply and current copies of your prescriptions in their original bottles (this includes inhalers).
- Name, address, and phone number of personal doctor, Probation Officer, and Emergency contact.
- At least 1 towel and 1 washcloth.
- Beverage container with a lid that seals such as a travel mug or cup.
- Cigarettes, tobacco, roller, tubes, lighters and/or chew if you smoke.

**The above noted items are encouraged. However, if you do not have adequate clothing and hygiene supplies please let us know and we will explore resources to help meet these needs.

Do not bring any of the following:

- Weapons or sharp objects. This includes tattoo guns, metal nail files, pocket knives etc.
- Alcohol or over the counter drugs.
- Clothing with alcohol labels, drug references, names of bars, violent phrases, sexual references, etc.
- No muscle shirts, or sleeveless shirts
- Sexually suggestive magazines or photographs
- Alcohol or drug usage photos
- Food or beverages. You will not be allowed to have any of these products delivered or mailed to you.
- Perfumes, colognes, body sprays or fingernail polish remover, hand sanitizer with alcohol in it, aerosol cans, or mouthwash with alcohol in it.